The Montgomery County Youth Service Bureau

808 W. Pike St. Crawfordsville, IN 47933 Phone: 765-362-0694

RETURN SERVICE REQUESTED

Thank you for your support:





YSB Staff

Karen Branch: Executive Director

Jessica Bravo: Alternative School Para Professional

Jane Christophersen: CASA Director

Sara Clapp: JUMP Program Manager, Middle School Teacher

Cameron Cole: Youth Program Manager

Kate Doty: Assistant CASA Director

Diamond Justus: Drug Free Montgomery County Coordinator

Cathy Kruse: Nourish Coordinator

Michelle Justus: Director of Finance

Carlee McClure: High School Alternative School Teacher

Pat Moser: Mental Health Professional

BINGO Supports Youth As Resources

By: Cameron Cole

Youth as Resources was able to host our annual Bingo Fundraising event in July. This year we were so thankful to have Lakeside Book Company sponsor the event for us! Prizes for our fundraiser included Longaberger Baskets and Vera Bradley items. We also had raffle and door prizes. The funds raised from our YAR Bingo event go directly back into the community. All funds raised go into a arant pool and other youth-led organizations in Montgomery County and are able apply for grants up to \$500. In years past we have had organizations like North Montgomery High School's FFA chapter apply for a grant so they can make blankets for children at the Ronald McDonald House in Indy. We have had 4-H Junior Leaders apply for a grant so they could purchase canned goods

for the FISH food pantry, and more! If you know of a youth-led organization in Montgomery County that could use a grant, encourage them to apply! For more information on YAR or our bingo fundraiser contact Cameron at cameron@mcysb.org or by phone at 765-362-0694 ext 114.

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Montgomery County YOUTH SERVICE BUREAU

SEPTEMBER 2025

From the Desk of the Executive Director

"Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world."

Our Mission is:

The Montgomery County
Youth Service Bureau
empowers children/youth
to become responsible
citizens through
delinquency prevention,
community education,
youth advocacy, direct
services and information
and referral.

Have you noticed how there seems to be so much tension and frustration for so many people right now? We see it, both in our youth and adults. People are uncertain, they are angry, and the world is changing, sometimes faster than we can keep up. All of this can lead to divisiveness, separation and the demise of unity.

Recently HUE held their annual day of unity, helping facilitate our community coming together in a positive way. In a world that often highlights differences, the power and benefit of unity can sometimes be overlooked. Building unity is not simply about agreement, it's about cultivating understanding, trust, and collaboration across diverse perspectives.

Unity is the foundation of strong families, thriving communities, and successful organizations. It promotes resilience in the face of challenges, increases creativity through collaboration, and nurtures a sense of belonging that every individual craves. When people feel valued and connected, they are more likely to contribute their time, talents, and energy toward collective goals.

Unity spreads. When individuals model collaboration and mutual respect, it influences families, workplaces, and communities. A united group can solve problems more effectively, advocate for positive change, and inspire others to join in. In times of division, unity stands as a reminder that we are stronger together than we could ever be apart.

Building unity is an ongoing effort. It requires patience, humility, and courage to bridge divides and extend grace. But the results—a more compassionate, supportive, and empowered community—are worth every effort.

Unity begins with each of us. In our words, actions, and attitudes, we have the power to build bridges rather than walls. And when we choose unity, we set the stage for hope, progress, and a brighter future for all, particularly our youth.

-Karen Branch, Executive Director

CASA Program Celebrates 35 Years

By: Jane Christophersen

Program is celebrating 35 years of service this year. CASA (Court Appointed Special Advocates) began in 1976 when Judge David Soukup in Seattle, Washington decided that he needed to find a way to gather more complete information about the children ready to become productive he had in his court for whom he members of society as young was making life changing decisions. His idea was to recruit be part of the CASA Program volunteers who would make a very thorough independent investigation on behalf of the child or children in an abuse or report to the court with recommendations. The volunteers were called Court Appointed Special Advocates. advocates as the CASA In January of 1977, the first group of volunteers was trained thank all the incredible and began to advocate on behalf of the children. Other programs were started across the country. The Montgomery County CASA Program began in response to the need for child advocates in our local court system. The Honorable Thomas Milligan believed that the Youth Service Bureau would (765-362-0694, x104). be the appropriate agency to develop and maintain the CASA Program. Tom Carlson trained and assigned the first CASA volunteers in 1990. I was in that training class. The Indiana State Office of GAL/ CASA also began that year. Through the years hundreds of volunteers have advocated for in on September 10th. Nikki thousands of children in our county. CASAs have been instrumental in getting those thousands of children in safe.

permanent homes. Most of them returned to their parents, The Montgomery County CASA but only after the parents made experience with children as this significant changes in their lives. Some were adopted by family members or foster parents who were ready to become their forever parents. Others aged out of the system, but with the continued support of their CASAs to ensure they were adults. It has been a privilege to Doty and myself. We thank since its beginning to witness the positive life-changing impact so many people have had on our county's most neglect case and then make a vulnerable children. And it has been a tremendous honor to serve both the children and the 765-362-0694, x 106, if you are volunteers who have been their interested in becoming a director since 2002. I want to volunteers who have given so generously of your heart and your time throughout the 35 years. You have made the world a better place for your "CASA kids." If you have been a CASA,

please contact me by email (jane@mcysb.org) or phone

Unfortunately, we have lost records of those who served before our current case management system was in place. We would like to thank each of you personally. We are thrilled to announce five new volunteers were sworn Cogdill, Amy Cox, Caroline Erdahl, Warren Rush, and Dawn Samuelson completed 30 hours of training. We have rarely had

a training class with such an extensive amount of group. We know they will be outstanding advocates for their CASA kids.

The State CASA Conference was held on Saturday, September 13th, in French Lick. Kim Nixon, Sheila Sowers, Steve Frees, Glenda Frees, Bill Lindeman, Sandra Salazar, and Catlynn Lee attended with Kate those volunteers for making the trip to southern Indiana. I believe that we were all inspired by the speakers and enriched by the workshop presentations. Please contact Kate Doty at kate@mcysb.org or volunteer or to learn more about the program. We would love to talk with you.





Resilience Starts With Self Control

By: Pat Moser

***Special Note-because of the confidential nature of the Mental articles for the newsletter using generalities regarding the concepts that I teach teens in one on one sessions.

student would be successful. I not a poor choice and are dealing with again after a setback and think the quality I saw in students and and choose a response instead of reout this quality in students that need-control is very deeply connected to Today we very appropriately refer to all want our children to have. this quality as resilience. Resilience is a child's ability to recover

qualities that I appreciate and praise and keep going in the face of again.

When I was new to counseling, I found order for a child to have "grit" or but is not likely to be attained without that there was an un-named quality resilience is self-control. I work daily self control. Emotional regulation helps that almost always indicated that a with teens who after they have made people stay calm when frustrated, try only recognized it, but admired and the consequence can truthfully tell clearly when under pressure.

remain the top from challenges, adapt to change,

students for as they make their way difficulty. It is not about avoiding through the challenges they face. I stress it is about GROWING through it. continue to use the word "Grit" when Self-control is what makes resilience Health Specialist position, I try to share I teach students about resilience. I possible. When children develop teach them to use it in their self talk as self-control they grow to be adults they fall down and get back up to try who can: manage emotions, stay focused and make thoughtful The attribute that must first be decisions. Emotional regulation is acknowledged and encouraged in another key component of resilience

tried to foster it when I saw it. Finally, I me that they followed an impulse, or Programs that teach mindfulness, was fortunate enough to go to a didn't think about the consequence goal setting, emotional regulation, or professional conference where our when they chose to act. We usually conflict resolution are not just nice to speaker had written a book called think of self control as saying no to have, they are giving children and How Children Succeed: Grit, Curiosity distractions or waiting patiently for a teens lifelong tools for navigating and the Hidden Power of Character. reward. But it is so much more than stress, overcoming challenges and This book helped me put a name to that. It's the ability to pause, reflect building healthy relationships. We can all support our children as they learn helped me identify ways to help bring acting to an impulse. The skill of self these skills by modeling self-control, completing difficult tasks and ed a little extra boost to be successful. resilience as resilience is something we remaining calm even though those around us are struggling to do so.

REINdear Around the Corner

BY: Cameron Cole

Believe it or not but the Holiday season is just around the corner! Here at the YSB our REINdear season has begun! REINdear is Montgomery County's Christmas assistance program. REINdear applications are currently on the front porch of the YSB. REINdear week is scheduled for the week of December 14th. Donors are asked to deliver all their gifts to the 4H building on December 15th and then parents will pick up their kiddos presents on December 18th. We are always so grateful for all that our donors do to support the REINdear program and the youth of Montgomery County. If you would like to become a REINdear donor, please contact Cameron at cameron@mcysb.org or 765-362-0694 ext 114.



YOUTH SERVICE BUREAU Page 6

Mentoring Matters: JUMP Navigates Post-Pandemic Challenges

By: Sara Clapp

In a time when many young people are seeking guidance and stability, the JUMP Juvenile Mentoring Program continues to offer a lifeline—pairing youth with adult mentors who offer encouragement, support, and consistency.

For years, JUMP has quietly made a difference in the lives of local youth, helping them build confidence, make Despite the program's proven positive choices, and envision a better future. But like many mentoring and volunteer programs across the country, JUMP is now facing a new reality: post-pandemic volunteer fatigue and a steep decline in participation.

Those who mentor through JUMP often describe the experience as unexpectedly transformative. "I came in thinking I was here to help someone else," said one longtime mentor. "But what I didn't expect was among young adults. how much I would grow, too." Mentors in the program are not expected to solve every problem. What they provide is presence reliable, nonjudgmental support that

helps young people feel seen and heard. Over time, that connection can become a turning point in a young person's life.

For the mentees—many of whom have experienced trauma, instability, or involvement with the juvenile justice system—a consistent adult presence can provide the structure and hope they need to change direction.

impact, JUMP is now grappling with a At its core, mentoring is about human shortage of mentors. The COVID-19 pandemic disrupted nearly every aspect of life, and community volunteerism has not fully rebounded. And in that process, many mentors Many potential mentors are now juggling heavier workloads, family pressures, or lingering health concerns. Some have simply fallen out of the rhythm of volunteering. National trends show a significant drop in volunteer rates, especially

Unfortunately, the timing couldn't be worse. Youth who experienced social isolation, disrupted education, and heightened emotional challenges during the pandemic are now in even

areater need of mentorship and guidance.

The JUMP program provides all the training and resources mentors need. Volunteers commit just a few hours a month and are supported every step of the way. Whether it's through conversations, shared activities, or simply being present, mentors play a crucial role in helping young people feel connected to their communities aaain.

connection. It's about building trust, showing up consistently, and helping someone see their own potential. discover a renewed sense of purpose themselves.

For those who have been thinking about giving back or looking for a meaningful way to engage with their community, now is the time. To learn more about the JUMP Juvenile Mentoring Program or to sign up as a mentor, visit www.mcysb.org or contact Sara@mcysb.org.

Middle School Classroom Has Great Start

By: Sara Clapp

The new school year is off to a strong start in the Middle School Alternative Classroom, where students are welcomed each day by a sign that reads, "I'm So Glad You're Here." That message sets the tone for a classroom built on connection, support, and the belief that every student deserves a fresh start—and this year, students are embracing that opportunity.

The classroom is designed for students who benefit from a smaller,

more structured setting. With an emphasis on consistent routines, strong relationships, and personal growth, it provides a space where students can feel safe, supported, and ready to succeed.

Already, there are signs of positive momentum. Students are showing increased engagement, building confidence, and improving their attendance. The focus on accountability and individualized attention helps each student move forward at their own pace, while goal-setting activities encourage

them to take ownership of their progress.

As students settle into new routines and begin to "lock in" to the year ahead, the classroom is buzzing with a sense of purpose. The foundation is in place for what promises to be a productive and rewarding school

Looking ahead, the mission remains the same: to support growth, celebrate progress, and reinforce the belief that every student can thrive when given the right tools and a chance to start again.

By: Diamond Justus

Did you know that the Drug Free Montgomery County (DFMC) Coalition broke a record this year? In July, DFMC awarded a grand total of \$55,968.48 to several agencies to support programs in Montgomery County that are addressing substance use issues. This is the largest amount of funding distributed back into the community since the coalition began in 1990! As mentioned in a previous newsletter, there are four different categories: Prevention/Education, Treatment/ Intervention, Criminal Justice Services, and Administrative.

Prevention/Education includes education/awareness programs, activities, services, or materials aimed at deterring individuals from the use or abuse of alcohol or other drugs and the prevention of related problems. This year, the coalition awarded six mini-grants to the following organizations and projects:

Crawfordsville Police Department received \$4,018.92 for detectives to attend the **National Crimes Against** Children Conference.

City of Crawfordsville - Mobile Integrated Health received \$460.00 for medication management and safety.

Montgomery County Probation received \$2,000.00 for drug and alcohol education/ intervention programs.

Montgomery County Probation received \$2,240.00 for drug testing for youth and young adults.

Montgomery County Probation received \$3,000.00 for the Juvenile Cognitive Behavioral programs.

Quest for Balance Wellness received \$3,750.00 to provide Community-Focused Grief Education.

Montgomery County Youth Service Bureau received \$2,000.00 for National Night Out.

Montgomery County Youth Service Bureau received \$1,000.00 for Positive Youth Programming.

Intervention/Treatment includes services for those who are identified as in need of recovery from problems associated with excessive or inappropriate use of alcohol and or other drugs. Services in this area cover a spectrum of activities such as Congratulations to all of our grant referral and assessment, a continuum of treatment services ranging from outpatient programs to residential settings. This year, the coalition awarded seven mini-grants to the following organizations and projects:

InWell received \$500.00 for an emergency needs fund for transportation and housing.

InWell received \$4,000.00 to support the Rock Out Recovery event.

City of Crawfordsville - Mobile Integrated Health received \$2,678.00 for the Quick Response Team Hotline.

Montgomery County Probation received \$3,500.00 for emergency/transitional housing.

The Recovery Coalition received \$5,000.00 for director's pay.

The Recovery Coalition received \$571.78 to fund the Float for Recovery event.

The Recovery Coalition received \$2,500.00 for the special events & programs.

Criminal Justice/Law Enforcement

includes efforts that deal with the legal consequences of substance abuse and includes crime prevention, law enforcement, prosecution, probation, court and correctional services. This year, the coalition

awarded three mini-grants to the

following organizations and projects:

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Crawfordsville Police Department received \$10,749.78 to fund the Mental Health Initiative 2.0.

Montgomery County Probation received \$5,000.00 for Drug Court Incentives.

Montgomery County Probation received \$3,000.00 for Veteran's Court Incentives.

recipients and the work they are doing to help Montgomery County become a healthy community free from substance use.



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A Special Thank you to all of the Dancers for **Dancing with the Montgomery County Stars:**

Dancers: Alli Coleman & Georgia Taylor, Megan Ewoldt & Skylar Stevenson, Ryan VanScoyoc & Heidi Gambrel, Cody Hargis & Ashley Kight, Jessica McClamroch & Matt Allen, Jeremy Lemus & Kaylynn Keedy Ranspach, Jessica Bradley & Ashley Clute, Katie Wallace & Bryan Biddle, Steve Frees & Andra Storms, and Andrew Traylor & Kashawndra Cooper.

Alumni Dancers: Jeff Ehrlich, Donna Wilson, Glenda Frees, and Guillermo Rodriguez Choreographer: Glenda Frees Master of Ceremonies: Leann Parish & Jim Amidon Judges: Honorable Daniel Petrie, Honorable Heather Barajas & Scott Voliva. Crawfordsville Academy of Dance Sophana Studios

Nourish Continues to Pack

By: Cathy Kruse

The older I get, the guicker these years are flying by. I really believe I blinked and summer break was over. And here we are starting another school year, sending out Nourish bags to the Montgomery County schools for our 12th year. Once again our community has

come out in full force supporting our kiddos not only with donations, but with volunteering their time. This year, we have some new faces helping to pack and deliver the food bags to the schools. Welcome ladies and as always, thank you to ALL of the business's, organizations, donors and volunteers who make the Nourish program possible. We could not do it without you.



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A New School Year with New Opportunities

By: Carlee McClure

As the new school year begins, opportunity fills the classroom of our high school program. Looking back on the previous year, it's clear that success has become a defining trait of this program. From record-setting academic achievements to inspiring personal milestones, students are proving every day that hard work and determination pay off.

Last year, students earned a record number of academic credits, a testament to their perseverance and commitment. Eight students proudly graduated, stepping confidently into new chapters that include college and careers. Their accomplishments have not only marked a personal triumph but have also ignited a sense of possibility among their peers. This year, 17 students are enrolled in

the program, with three on track to araduate in the comina months. Each time a student crosses the finish line to receive their diploma, it serves as a powerful reminder to others of what's possible. These moments spark motivation and reinforce the belief that with effort. their dreams can become reality. Our classroom is more than four walls. It's a space filled with opportunity, a second chance for many students to see themselves in a new light. It's a place where confidence is built, where mistakes are embraced as learning moments, and where goals like returning to their original school or araduating are within reach. More than just a place for academics, the high school program offers students a supportive environment where they can redefine their futures. As this new school year unfolds, the

energy and determination among the students suggest that the best is yet to come.

